# Contra Costa

### **General & Sexual Health**

#### **Gender Clinic**

Provides services for transgender and gender-expansive patients in Contra Costa county, specific clinic times vary by location. 818 Webster Street, Oakland CA 94607 (925) 374-2185

https://cchealth.org/centers/services-gc.php

# **LGBTQ+ Community and** Mental Health

### Rainbow Community Center

Hosts "Older Adult Program": Provides a safe space for LGBTQIA+ older adults to socialize and creates a supportive community. 2118 Willow Pass Road, Concord, CA (925) 692-0090

https://www.rainbowcc.org/senior-programs

# **Contra Costa Senior Peer** Counseling

Allows participants to connect with fellow seniors who are trained to provide assistance (925) 602-4179 and support with mental health challenges. 2425 Bisso Lane, Suite 100, Concord CA (925) 521-5653

https://cchealth.org/volunteer/seniorcounselor.php#talkTo

### Housing, Food, and Financial

Supports homebound elders to maintain their health and dignity, and enable them to live independently in the comfort and security of their own homes.

3093 Citrus Circle, Suite 215, Walnut Creek, CA (925) 476-5259

## **Legal Services**

### **Bay Area Legal Aid**

office/contra-costa-county/

Provides meaningful access to the civil justice system through quality legal assistance. 1025 Macdonald Ave, Richmond, CA (510) 233-9954 https://baylegal.org/get-help/find-an-

#### **Adult Protective Services**

PAPS responds to confidential reports from anyone who suspects that an elderly person or an adult with a disability (dependent adult) who lives in Contra Costa County is being abused or neglected or is self-neglecting.

https://ehsd.org/elderly-disabled/adultprotective-services/